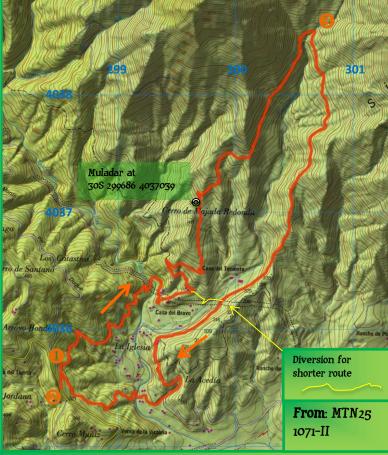
## casares walks

## Pasada del Pino – La Acedía



Base cartográfica © Instituto Geográfico Nacional de España

- Parking at 30 S 298430 4035781.
- Turning for La Acedía at 30 S 298510 4035489.
- Oross the La Acedía stream at 30 S 300678 4038540 and follow the track southwards.

Profile

Difficulty level:

Moderate.

Dist. 7.8 miles. Allow

639 ft

3.5 hours.

1,893 ft

Conditions: medium distance, some uneven surfaces, total ascent/descent of 1,600 ft.

GPS trail



<u>Larger</u> <u>map</u>



<u>Video</u>





Getting there



<u>General</u>

The start of this route is 2.7 miles from Casares (please see Links below for a route to the starting place). This is no. 4 of the routes waymarked by the Council.

The route begins at the MA-8300 road junction in La Acedía at 9. The road descends and passes through a steeply sloping wood of cork oaks. We walk below two great cork oaks and after passing a few houses we start to climb the hillside of **Sierra Bermeja**.

[ We can, alternatively, select a shorter circular route by taking the diversion (marked yellow) just past Casa Isabel. This takes us to the return route and gives a total walking distance of 3.9 miles (6.3 km). Here is the GPS for this route, and here is the video. ]

The main track goes on to pass a **muladar** (vulture feeding area) on our left. The track continues to the Acedia gorge, commonly known as the **Pasada del Pino**. After crossing the stream at § the track turns south, and after a while turns into a narrow path which passes over the crest. This in turn eventually meets a forest track, which, after crossing the Acedia stream, takes us back to our starting point.

The main attractions of this route are the marvellous views of the **Sierra Bermeja** and **La Acedía valley**. On clear days it is possible to see as far as Gibraltar and the mountains of Africa.



