

# From the Town to the Beach



From: MTN50  
1071

Base cartográfica © Instituto Geográfico Nacional de España

- 1 Cross the river at 30 S 296513 4033805 and continue uphill.
- 2 Turn right at 30 S 297025 4033546 and follow the path southward.
- 3 At 30 S 297335 4032339 the trail meets a more distinct road.
- 4 At 30 S 298004 4029099 the trail meets the road alongside the River Manilva.
- 5 At 30 S 298680 4028857 turn left across a bridge and continue along a track parallel to the road.
- 6 Underpass at 30 S 300389 4027784.
- 7 Beach restaurant at 30 S 301242 4028357 (note: not open in winter).

This is a one-way route, so requires pick-up at its destination in the **Bahia de Casares**. It descends 1,230 feet as it follows public ways from the town of Casares down to sea level. All along the route there are wonderful views of the surrounding hills and the Mediterranean Sea. The path travels alongside the spectacular karst plateau of the Sierra de la Utrera for a distance. Beyond La Utrera the route descends to run alongside the River Manilva, and its famous vineyards and market gardens.

From the **Plaza de España** the route follows **Calle Juan Cerón**, and continues south past the new cemetery. At a junction  $\frac{3}{4}$  mile further on continue south-east, crossing the river and climbing a dirt path. After less than  $\frac{1}{2}$  mile take a right turn and follow the path southwards. After  $\frac{3}{4}$  mile the trail joins a more distinct road running south, parallel to the **Sierra de la Utrera** plateau.  $1\frac{3}{4}$  miles further, the track crosses the motorway. It continues to descend to a metalled road which runs alongside the River Manilva and turns left. Half a mile further on the route turns left over a bridge to join a track that runs parallel to the road. After another mile the track goes across a field and joins a street in the **Marina de Casares** development. We go along a road under the dual carriageway, carrying straight on until reaching the maritime path where we turn left. After crossing a wooden bridge over the La Parrilla stream and continuing along a wooden walkway we reach the Chiringuito de la Sal, where there are opportunities for refreshment and a car park for pick-up after the walk.



**Conditions:** medium distance, uneven surfaces, gradual slopes, 1,200 ft descent.

Profile

GPS  
trail



Larger  
map



LINKS

General



Video

