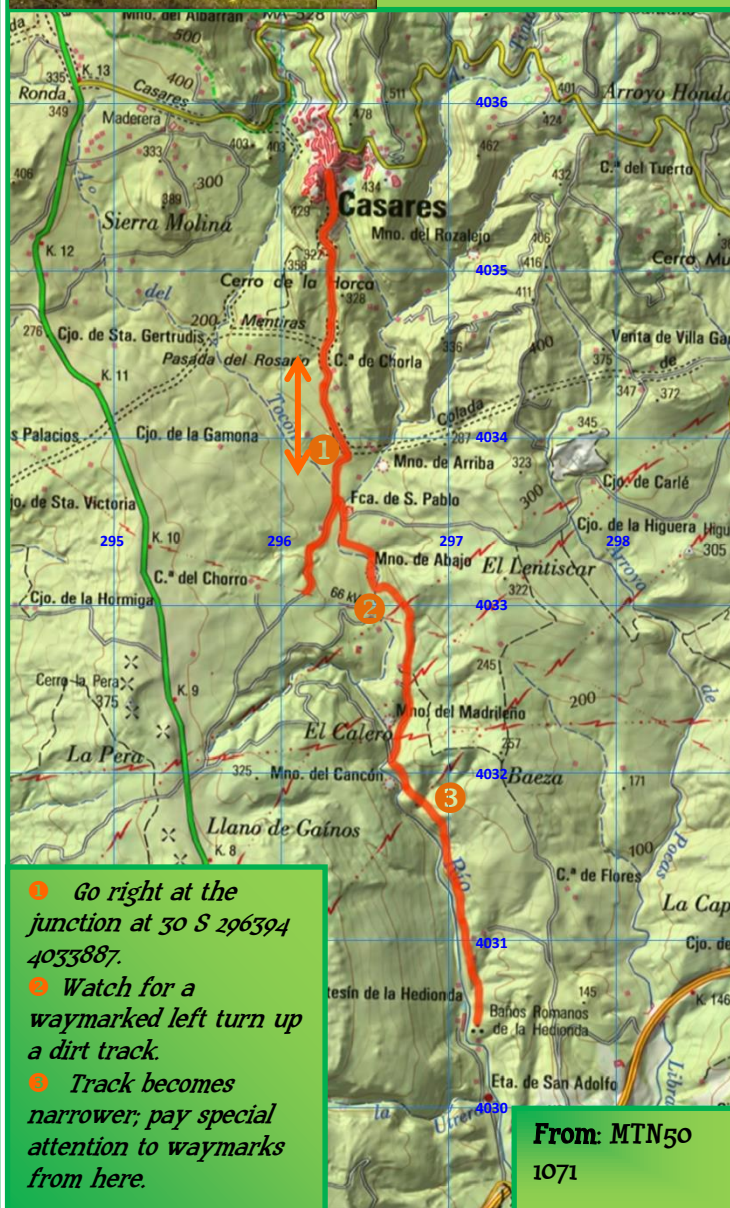


# Los Baños de la Hedionda

casares  
walks



Base cartográfica © Instituto Geográfico Nacional de España

Profile

1,226 ft

Dist. 9.7 miles return.

Allow 5 – 6 hours.

127 ft

Difficulty level:  
**Moderate.**

**Conditions:** long distance, uneven surfaces, river crossings, 1,100 ft ascent/descent.

The route begins in the **Plaza de España** in Casares and returns to the same place. It has many twists and turns, especially after the Molino del Cancón, but is well waymarked and it is worth keeping a sharp eye out for these green and white signs.

The route follows **Calle Juan Ceron** and continues south past the new cemetery. At the junction of paths  $\frac{3}{4}$  mile further on we take the right turn and continue southwards. After  $\frac{1}{4}$  mile we arrive at the junction of two streams, which form the river Manilva. There is an excursion to the southwest for about  $\frac{1}{2}$  mile away from the main route, where the walker took a wrong turning but carried on for a few minutes to enjoy the views. Back at the **Fca. de S Pablo** we follow a footpath for about 700 yards, where we cross the river by the Molino de Abajo and cross it again a bit further on. These crossings are necessary due to the destruction of the original track through landslip. We then turn left and begin to ascend a rough dirt path. This takes us past the **Molino del Madrileno**, passing some stables and arriving at the ruins of the **Molino del Cancón** and its metal bridge. The route then goes along the left side of the valley, moving away from the river once again and travelling along a spectacular canyon surrounded by the karst formations of the Sierra de Utrera. The route continues to descend and crosses the river onto its right bank, passing the restored **Molino de la Animas** mill. From there, taking a dirt track, we soon arrive at the **Baths of La Hedionda**. Here, Julius Caesar is reputed to have been cured of a skin ailment by their sulphurous waters.

The trail comes back along the same route, and there are wonderful views in both directions. Be prepared for a bit of a slog in the climb back up to Casares.

Parts of this route are covered in one of the guided walks from **EcoTourCasares**: "[Por la Sierra de la Utrera](#)".

Part of the route features in the [Birding Map](#) of the area, by BioGea.

LINKS

GPS  
trail



Larger  
map



Video



General

